

ENHANCED RESIDENT ASSESSMENT FORM (ERAF)

Name:

IC/FIN Number:

Paste ID Label here

Date of Birth:

Age (years):

Sex (M/F):

RAF	Score (please circle) with Description for Each Score			
Q1 – Mobility (and Transfer)	- Refers to a resident's ability to move from one point to another and includes transfer - Excludes supervision of a wandering or mentally disturbed resident (included in Behavioural Problems Q9)			
	A	B	C	D
	0 points	3 points	10 points	16 points
	Independent	Requires some assistance (physical/assistive device)	Requires frequent assistance/turning in bed	Requires total physical assistance
	- Includes walking aid/wheelchair independent residents - Requires no assistance in mobilizing and transfer (whether walking or using a walking aid/wheelchair)	- Needs <u>some</u> supervision, prompting, assistance or instructions to move around and/or transfer - Needs some supervision and physical guidance by staff in walking / use of assistive devices e.g walking frame, quad stick	- Requires <u>frequent</u> supervision, prompting or physical assistance by staff in walking / use of assistive devices e.g walking frame, quad stick - Requires pushing of wheelchair and/or transfer/turning in bed	- Needs <u>total</u> assistance in positioning, transfer and turning of residents who are chair bound or bed-ridden
Remarks:				
Q2 – Feeding	- Excludes preparation of food in kitchen and dishing out and serving of food - Excludes pushing and/or positioning of wheelchair at the dining table (included in Mobility Q1) - Excludes insertion and maintenance of nasogastric tubes (included in Treatment Q5 under "special procedures")			
	A	B	C	D
	0 points	3 points	10 points	10 points
	Independent	Requires some assistance	Requires total assistance	Tube feeding
	- Able to eat without prompting, supervision or assistance - May need reminders for meal times	- Requires <u>some</u> supervision/assistance with feeding. For e.g. constant prompting, positioning of residents for meal times, further cutting up of food, cleaning up after meal times due to poor and messy eating - Requires <u>general or group</u> supervision/assistance due to dysphagia (difficulty swallowing) or risk of choking	- Requires <u>total</u> supervision/assistance with feeding (due to dysphagia (difficulty swallowing), risk of choking, and/or poor or messy eating) - Requires <u>one-to-one</u> supervision/assistance for feeding	- Includes preparation of feeds and any assistance of tube feeding by staff
Remarks:				
Q3 – Toileting	- Excludes assisting residents when getting on a wheelchair and pushing to toilet (included in Mobility Q1) - Excludes care and/or emptying/drainage of colostomies or catheters (included in Treatment Q5 under "special procedures")			
	A	B	C	D
	0 points	3 points	8 points	16 points
	Independent	Requires some physical assistance	Requires commode/bedpan/urinal	Incontinent and totally dependent
	- Able to conduct all toileting activities without assistance	- Needs <u>minimal</u> assistance/supervision with undressing and dressing, clothing adjustments, positioning over toilet bowl/commode/bedpan/urinal, or change of clothes/diapers (including pull-up diapers)/bedding	- Needs supervision/assistance <u>throughout</u> toileting - Needs <u>moderate</u> supervision/assistance to position over toilet bowl/commode/bedpan/urinal, or for diaper change	- Needs cleaning after episodes of incontinence of urine or faeces - Needs <u>total and frequent</u> assistance in the use of commode/bedpan/urinal/ or diaper change
Remarks:				
Q4 – Personal Grooming and Hygiene	- Activities include: Bathing: including soaping, washing, drying Dressing: selection of appropriate clothing, putting on slippers, maintaining neat attire Using devices: fitting of artificial limbs, calipers, supporting stockings, slings and splints; cleaning and fitting of hearing aids; spectacle care Oral care: brushing teeth, cleaning and fitting of dentures Grooming: combing of hair, trimming of fingernails and toenails, shaving Personal hygiene: handling sanitary napkins - Excludes changes of clothing and cleaning after episodes of incontinence (included in Toileting Q3) - Excludes changes of clothing after episodes of colostomy or catheter leakage (included in Treatment Q5 under "special procedures")			
	A	B	C	D
	0 points	2 points	4 points	6 points
	Requires no assistance	Requires assistance for some activities/supervision	Requires assistance for all activities	Bed/trolley bathing
			- Needs constant and repeated prompting, reminding or assistance throughout activities	- Total care of all activities of daily living (includes residents who may be bathed on commode, requiring total assistance for all activities)
Remarks:				

Q5 - Treatment (daily medication)	A	B	C	D
	___ points	___ points	___ points	___ points
	- Oral or topical medication: 1 point	- Oral or topical medication: 1 point - Injection ⁽²⁾ : 2 points	- Oral or topical medication: 1 point - Injection ⁽²⁾ : 2 points - Physiotherapy or occupational therapy: 4 points	- Oral or topical medication: 1 point - Injection ⁽²⁾ : 2 points - Physiotherapy or occupational therapy: 4 points - Special procedures ⁽¹⁾ (1 point per 5 minutes needed to perform procedure)
	⁽¹⁾ Special procedures include (NOT limited to): catheter care/draining of bag, colostomy care/emptying of bag, blood glucose monitoring, urinalysis, wound dressing, oxygen administration, nebulizer, tracheostomy care, feeding tube care, peritoneal dialysis ⁽²⁾ Excludes injections which are PRN or administered at an external facility - Excludes setting up trays or collecting equipment for use in procedures Remarks:			
Q6 - Social and Emotional Needs	Includes: - Encouragement to participate in recreational and social activities - Support to families of residents who may be anxious and upset, including building relationships with them, encouraging them to visit and making them feel welcome - Intervention to help residents adjust to the routines of the nursing home - Counselling and interaction of residents to cope with emotional distress			
	A	B	C	D
	0 points	1 points	2 points	3 points
	Nil	Occasionally (1-3 times a week)	Often (4-6 times a week)	Always (daily)
Remarks:				
Q7 - Confusion (loses things, loses way, disorientated)	Includes: - Dealing with confusion, disorientation and poor memory - Determining how well a resident is orientated in time, place and person - Determining resident's ability to recall remote, recent, past, immediate events - Managing episodes when resident loses his possessions, loses his way, etc - Excludes routine activity programmes or prompting to continue an activity - Excludes any increased assistance and attention required during initial settling-in period (included in Social and Emotional Needs Q6)			
	A	B	C	D
	0 points	3 points	8 points	10 points
	Nil	Occasionally (1-3 times a week)	Often (4-6 times a week)	Always (daily)
Remarks:				
Q8 - Psychiatric Problems	- Scoring is based on how psychiatric symptoms* interfere with existing ability to perform activities of daily living (ADLs) based on the most recent period observed *Psychiatric symptoms include: hallucinations, delusions, lack of interest/engagement in goal-directed behaviour, prolonged low mood, pessimistic thoughts, apprehension, uneasiness - Conditions e.g. anxiety, depression. A confirmed psychiatric diagnosis is not necessary, however there must be documentation by a healthcare professional that the resident exhibits psychiatric symptoms Includes: - Early identification of symptoms of relapses for management - Counselling of anxious and depressed residents - Dealing with situations that arise as a result of the disruptive behavior of resident due to hallucinations / delusions - Excludes adjustment problems			
	A	B	C	D
	0 points	2 points	4 points	6 points
	Nil	Mild interference in life Psychiatric symptoms* interfere with existing ability to perform ADLs and/or social/recreational activities around 25% of the time	Moderate interference in life Psychiatric symptoms* interfere with existing ability to perform ADLs and/or social/recreational activities around 50% of the time	Severe interference in life Psychiatric symptoms* interfere with existing ability to perform ADLs and/or social/recreational activities around 75% of the time
Remarks:				
Q9 - Behavioural Problems	- Refers to the frequency and severity of behaviour(s) displayed by the resident based on the most recent period observed - Includes (NOT limited to): physical aggression, verbal disruption, agitation, restlessness, non-compliance to instructions, manipulation, self-destructiveness, sexual disinhibition (repeated stripping of clothes and/or diapers, molestation), wandering, absconding, food-grabbing, hoarding, suicidal ideation and/or attempts, repetitive behaviour (e.g excessive water drinking and washing of hands) and sensory seeking behaviour (e.g playing with water and/or faeces, self-scratching) - Excludes assistance and attention given to residents during their initial settling-in period (included in Social and Emotional Needs Q6)			
	A	B	C	D
	0 points	3 points	10 points	16 points
	Nil	Occasionally (1-3 times a week) Frequency may not be as stated above, but the behaviour is of <u>low</u> severity and manageable	Often (4-6 times a week) Frequency may not be as stated above, but the behaviour is of <u>moderate</u> severity and manageable	Always (daily) Frequency may be often or always, but the behaviour is <u>severe</u> and difficult to manage.
Remarks:				

Total Points:

Category (please circle): I II III IV

Category I: ≤ 6 points, Category II: 7-24 points, Category III: 25-48 points, Category IV: >48 points

Name of Staff Completing RAF:

Designation:

Organisation:

Signature:

Date: